



ST. GREGORIOS COLLEGE KOTTARAKARA

7.1.9 Details of activities that inculcate constitutional values



NCC Programmes

Fit India Movement

Cadets from St.Gregorios College, Kottarakara had associated with the Polio Vaccination drive during the year 2020.



Number of Cadets attended: 6

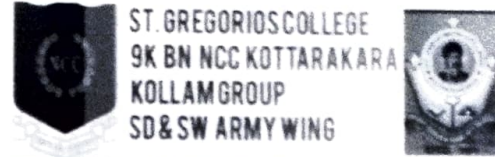
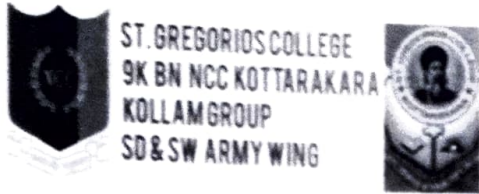


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**BEENA G.P
PRINCIPAL IN CHARGE
ST. GREGORIOS COLLEGE
KOTTARAKARA**

Fit India Movement

Cadets from St. Gregorios College, Kottarakara had participated the physical and allied activities in connection with Fit India Movement in August 2020.



"IF THE BODY IS FIT,
THE MIND IS A HIT" **FIT**

"A FIT, HEALTHY BODY -
THAT IS THE BEST
FASHION STATEMENT".



Number of Participants: 56




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Fit India Movement

Cadets from St. Gregorios College, Kottarakara had participated in all programmes related with Swachhta Pakhwada during the year 2020.



Number of Cadets attended: 36



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World Environment Day 2021

The 9(k) Bn NCC subunit of St. Gregorios College, Kottarakkara Celebrated the 2021 World Environmental Day on June 5. The programmes included tree plantation and 'Hug a tree' programme remainising SundarLal Bahuguna, the Chipko Movement leader. Each and every cadet was involved in this tree plantation activity. Each of them collected saplings and planted it at various places nearby. They participated with great enthusiasm.



Number of Cadets Participated: 54




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NCC- Anti-drug Awareness Programme Report

The NCC unit of St. Gregorios College, Kottarakara under 9K (Bn) NCC, Kottarakara conducted a webinar on "Anti-drug awareness" on **30th July 2021** at 11am. The objective of the webinar was to prevent youth from using illicit drugs by enhancing their awareness. The students from various clubs and other departments also logged in to be a part of the webinar and total of 100 participants attended the programme.

The programme begun with a welcome speech by Cpt.Dr.Indulal.C.R, ANO and Asst. Prof. of Physics who was the programme coordinator. He extended a warm welcome to all the dignitaries present. Followed by that, the presidential address was given by Prof. Jiji Peter, Principal of S.G College, Kottarakara. The Principal emphasized on the theme of World Drug Day 2021, "Share facts on drugs, save lives". The inaugural address delivered by Adv.Jacob John, Deputy Excise Commissioner (Rtd), Kottarakara. He gave an important message to everyone that it is the first attempt that should be avoided because the beginning is what leads to addiction, he also quoted that a drunkards wife is the epitome of tolerance. Then felicitation was given by Dr.Sumi Alex, IQAC coordinator, S.G.College, Kottarakara. The keynote address delivered by Shri. T.Jayakumar, Excise Preventive Officer, Excise Circle Office, Kollam.

**ST. GREGORIOS COLLEGE**
9(K) Bn NCC, KOTTARAKARA

Webinar on : **ANTI - DRUG AWARENESS**

 <https://meet.google.com/chx-uwaq-meu> Date : 30/07/2021
Time : 11:00 am

Programme Schedule

Welcome Speech : **Lt. Dr. Indulal C. R.** (Programme Co-ordinator, ANO & Asst. Prof Of Physics SG College, Kottarakara)

Presidential Address : **Prof. Jiji Peter** (Principal, SG College, Kottarakara)

Inaugural Address : **Adv. Jacob John** (Deputy Excise Commissioner (Rtd) Kottarakara)

Felicitations : **Dr. Sumi Alex** (IQAC Co-ordinator SG College, Kottarakara)

Key note Address : **Sri. T. Jayakumar** (Excise Preventive Officer Excise Circle Office, Kollam) 

Vote of Thanks : **Melvin Baby** (JYO, SG College, Kottarakara)



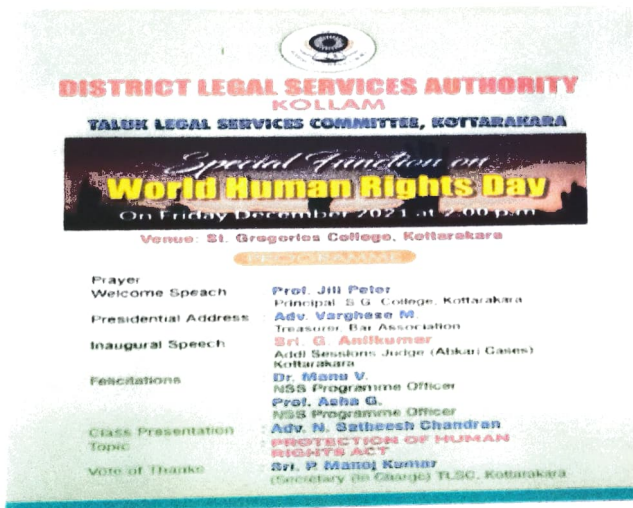

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2019

NSS Programmes

HUMAN RIGHTS AND AWARENESS PROGRAMME

NSS unit of St. Gregorios College, Kottarakara and District legal service society jointly Conducted a webinar for NSS volunteers on the topic "Protection of Human Right Act" on 10/12/21 Friday at 2pm in connection with world Human Right Day. Adv Sri .Satheesh Chadaran led the class. Addi. Sessions Judge, Sri. Anilkumar inaugurated the meeting. Principal Prof .Jiji Peter delivered welcome speech. Program Officer Prof.Asha .G delivered felicitation speech. TLSC Secretary Sri .Manoj Kumar delivered vote of thanks. The program ends with National Anthem.

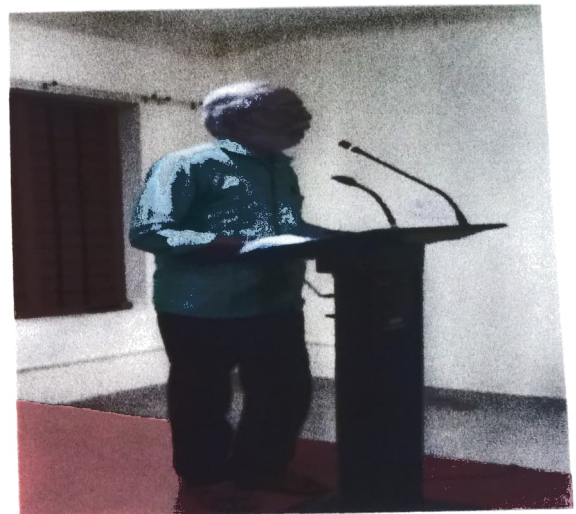


DISTRICT LEGAL SERVICES AUTHORITY
KOLLAM
TALUK LEGAL SERVICES COMMITTEE, KOTTARAKARA

Special Function on
World Human Rights Day
On Friday December 2021 at 2:00 pm
Venue: St. Gregorios College, Kottarakara

PROGRAMME

Prayer	Prof. Jiji Peter
Welcome Speech	Principal S.G. College, Kottarakara
Presidential Address	Adv. Varghese M. Treasurer, Bar Association
Inaugural Speech	Sri. G. Anilkumar Addl Sessions Judge (Abkar) Cases, Kottarakara
Felicitation	Dr. Manoj V. NSS Programme Officer
Class Presentation Topic	Prof. Asha G. NSS Programme Officer
	Adv. N. Satheesh Chandran PROTECTION OF HUMAN RIGHTS ACT
Vote of Thanks	Sri. W. Manoj Kumar (Secretary in Charge) TLSC, Kottarakara




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BEENA O.P.
/PRINCIPAL IN CHARGE
ST. GREGORIOS KOTTAHAKARA

SHILA PAITHRIKAM EXHIBITION

As a part of Azadi Ka Amrit Mahotsav Programme NSS Unit of St. Gregorios College has conducted a national level exhibition named Shila Paithrikam. The program was conducted on January 3 and 4, 2022. More than 300 people came to see the exhibition. **Yathin T**, **Abhiram A K** and **Aleena Ponnu C P** were the coordinators of the programme. It was really a wonderful experience to all of them who took part in the programme. All the historical information, tools, machines, vessels used a long time ago surprised all of us. It was a grant programme.

All the teachers including our principal visited the exhibition. The valuable presence of all the teachers, students from other institutions, and the volunteers made the programme a grant success.

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പഴയയുടെ നേർക്കാഴ്ചയായി ശിലാവൈത്യകം പ്രദർശനം

മുന്യാലം + മേൽ എസ് എസ് സ്കൂളുകളിൽ ഉയർന്ന നിലയിൽ എടുത്തുകൊണ്ടിരിക്കുന്ന പ്രദർശനം

മുന്യാലം പ്രദർശനം സംബന്ധിച്ചുള്ള വിവരങ്ങൾ നോക്കൂ. 2023 ലെ പരീക്ഷയ്ക്കായി പ്രദർശനം നടത്തുന്നതിനായി പ്രദർശനം സംബന്ധിച്ചുള്ള വിവരങ്ങൾ നോക്കൂ. പ്രദർശനം സംബന്ധിച്ചുള്ള വിവരങ്ങൾ നോക്കൂ.

കോവിഡ് യന്ത്രസഹായം: വിദ്യാഭ്യാസ



പുരാതന കാലത്തിന്റെ ചുവടുതൊട്ടായി ശിലാവൈത്യകം എക്സിബിഷൻ

പുരാതന കാലത്തിന്റെ ചുവടുതൊട്ടായി ശിലാവൈത്യകം എക്സിബിഷൻ. പുരാതന കാലത്തിന്റെ ചുവടുതൊട്ടായി ശിലാവൈത്യകം എക്സിബിഷൻ. പുരാതന കാലത്തിന്റെ ചുവടുതൊട്ടായി ശിലാവൈത്യകം എക്സിബിഷൻ.

കോവിഡ് യന്ത്രസഹായം: വിദ്യാഭ്യാസ



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St. Gregorios College Kottarakkara
NSS Unit No : 30 (A&B)

ശിലാ പൈന്ത്യകം Expo 2022

മാന്യരേ,

സെന്റ് ഗ്രിഗോറിയോസ് കോളേജിലെ എൻ എസ് എസ് യൂണിറ്റും ശിലാ പൈന്ത്യകം സംയുക്തമായി 'ശിലാ പൈന്ത്യകം' എക്സ്പോ 2022 ജനുവരി 3 - 4 തീയതികളിൽ നടത്തുവാൻ തീരുമാനിച്ചിരിക്കുന്നു. ഈ പരിപാടിയുടെ ഉദ്ദേശ്യം ജനുവരി 3 ന് രാവിലെ 10:30 ന് സംസ്ഥാന എൻ എസ് എസ് അഡീസർ **ഡോ. അൻസർ ആർ.എൻ** നിർവഹിക്കുന്നതാണ്. തദ്ദേശത്തിൽ ഏവരെയും സന്തോഷം ക്ഷണിച്ചു കൊള്ളുന്നു.



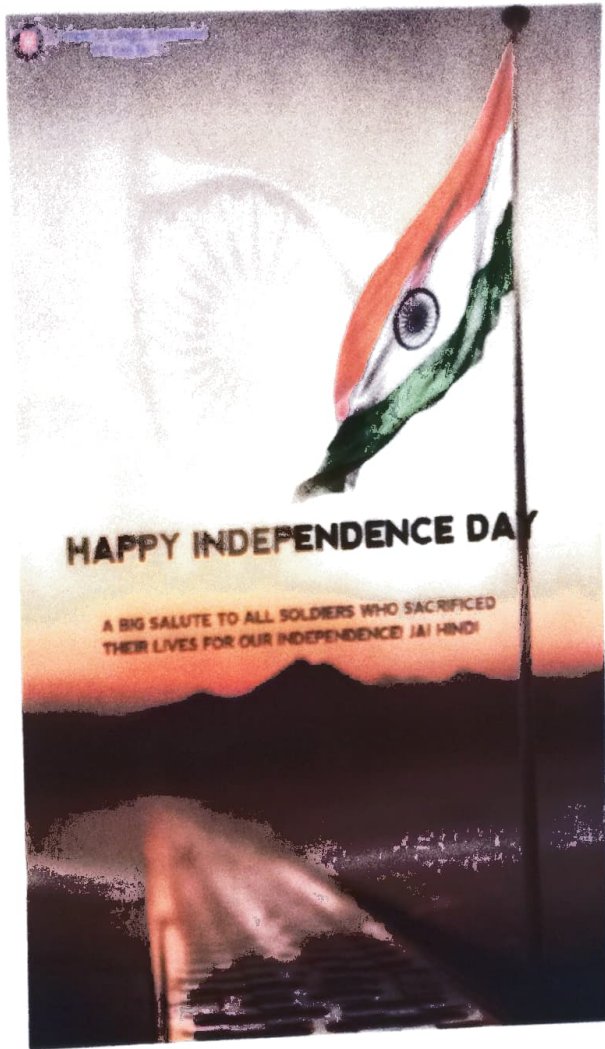
Independence day celebration

INDEPENDENCE DAY CELEBRATION REPORT AUGUST 15

Independence Day is celebrated annually on 15 August as a national holiday in India commemorating the nation's independence from the United Kingdom on 15 August 1947, the day when the provisions of the 1947 Indian Independence Act, which transferred legislative sovereignty to the Indian Constituent Assembly, came into effect.



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75th Independence day was celebrated on 15 August 2021 on college campus. The Principal of St. Gregorios College, Kottarakara, Prof. Jiji Peter hosted the National flag and made a speech consisting of independence day message. All Volunteers pledged against anti-drug and anti-dowry acts. As part of Fit India, volunteers engaged in physical activities like cycling, jogging, aerobic sections and other healthy exercise. The programme was ended with National Anthem.




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