



ST. GREGORIOS COLLEGE KOTTARAKARA

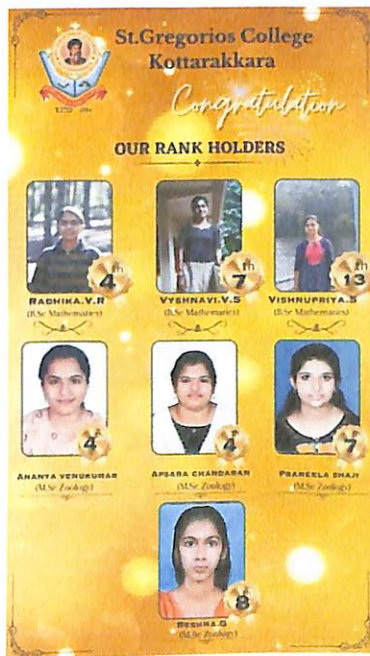
7.3.1 INSTITUTIONAL DISTINCTIVENESS



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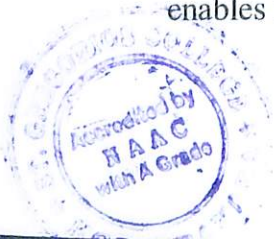
Empowering women through academic excellence

St. Gregorios College, Kottarakara, is deeply committed to its vision and mission of shaping students into responsible women who actively contribute to the creation of a better society. The college emphasizes the need for transformation by empowering its students to initiate positive change in the world they inhabit. Notably, over 50% of the student population comprises girls, the majority of whom come from rural and economically disadvantaged backgrounds. This demographic highlights the significant social barriers and inequalities faced by these students, including harassment and limited access to opportunities. Recognizing these challenges, the institution takes proactive steps to address them through targeted value-added programs aimed at protecting the rights of girl students and fostering their holistic development. The institution strongly believes in the transformative power of women's education, reflecting the adage, *"If you educate a boy, you educate an individual; if you educate a girl, you educate a whole family."* In alignment with this philosophy, the college has designed and implemented numerous women empowerment programs to ensure that girl students receive the knowledge, skills, and confidence needed to excel. Many of these students, as first-generation learners, aspire not only to improve their own lives but also to uplift the ideologies and quality of life within their communities.



Empowerment through Inclusive Activities

Every activity at St. Gregorios College revolves around inclusive women empowerment, achieved through a blend of educational, social, and cultural enhancement. These initiatives are deeply rooted in altruistic values and professional outlooks, ensuring a balanced approach to development. By affirming the principles of gender equality and inclusion, the college enables its students to evolve into multifaceted women who excel in various roles—be it as



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successful professionals, promising entrepreneurs, or dedicated homemakers. To achieve this comprehensive vision, the institution conducts a range of programs and club activities. These initiatives focus on instilling leadership qualities, promoting career advancement, fostering eco-consciousness, raising constitutional awareness, and building self-reliance. Through these efforts, the college ensures that its students are well-equipped to make meaningful contributions to society while shaping a brighter future for themselves and the world at large.



ജി.ആശയ്ക്ക് വനിതാരത്ന പുരസ്കാരം

കൊട്ടാരക്കരം അന്താരാഷ്ട്ര വനിതാ ദിനത്തോടനുബന്ധിച്ചു കൊല്ലം വനിതാ-ശിശുവികസന വകുപ്പിന്റെ വനിതാരത്നം 2023-ലെ പുരസ്കാരത്തിന് കൊട്ടാരക്കര എസ്.ജി.കോളേജിലെ എൻ.എസ്.എസ്.പ്രൊഫ്രം ഓഫീസർ ജി.ആശ അർഹയാ യി. കളക്ടർ ദേവിരാ സിൽനിനു പുരസ്കാരം ഏറ്റെടുത്തിട്ടുണ്ട്. സെയ്ന്റ് ഗ്രിഗോറിയോസ് കോളേജിലെ ഭൗതികശാസ്ത്രവിഭാഗം അസിസ്റ്റന്റ് പ്രൊഫസറാണ് ആശ. വൃത്യന്തങ്ങളായ സേവനപ്രവർത്തനങ്ങൾക്കും മേധാവികൾക്കു നേട്ടങ്ങൾ പ്രവർത്തനങ്ങൾക്കും നേതൃത്വം നൽകുന്നതിനൊപ്പം സാമൂഹിക, സാംസ്കാരിക മേഖലകളിൽ നടത്തുന്ന പ്രവർത്തനങ്ങളും പരിഗണിച്ചാണ് പുരസ്കാരം.

ജി.ആശ



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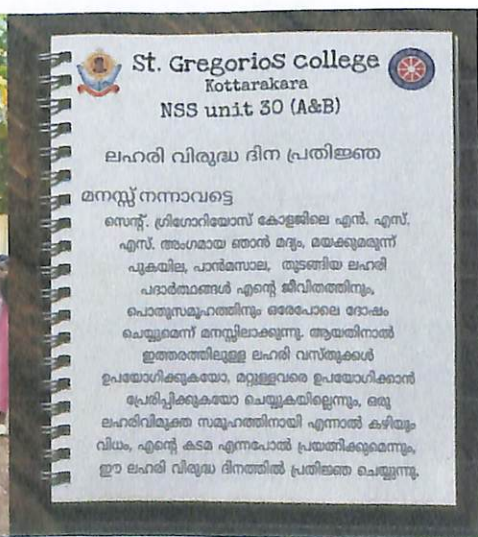
International Women's Day

March 7, 2024

Focus Areas of Empowerment

1. Empowerment through Human Rights and Legal Knowledge

The college prioritizes educating students about their individual rights and constitutional entitlements. This knowledge equips them with the self-confidence to make independent decisions and assert their positions in society. To this end, the institution has established specific clubs and cells that organize events such as poster design contests conducted by the Anti-Narcotics Cell. These initiatives serve as tangible evidence of the positive impact of such endeavours.



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Second Prize Winner in Yuva Samvad Democratic India @ 2024 elocution competition conducted at Sree Shankaracharya University of Sanskrit Regional Campus Panmana on February 16, 2024.



2. Social Empowerment of Women

Promoting gender equality is at the heart of the college's mission. To achieve this, functional clubs and cells, such as the Women Cell, are dedicated to fostering awareness and action regarding gender equity. These platforms facilitate discussions, workshops, and campaigns that aim to reshape perceptions of gender roles and encourage inclusivity.

3. Cultural Development and Artistic Expansion

Cultural and artistic engagement is seen as a vital aspect of empowering women. Through these activities, students gain the knowledge, skills, and confidence required to actively participate in development processes. The college's numerous cultural and artistic clubs provide students with opportunities to explore and develop their talents, ensuring a well-rounded growth experience.



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Music Club



Painting and Photography Club



Dance Club



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Video Shooting


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4. Economic and Occupational Freedom

Financial independence is a cornerstone of women’s empowerment. To instill this, the college offers programs focused on entrepreneurial skill development and business idea generation. These initiatives aim to integrate students into the human resource pool, enabling them to contribute effectively to the economy.




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5. Political Empowerment of Women

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In line with the national ethos encouraging women's participation in governance, the college conducts activities designed to enhance students' understanding of the political





system. These include mock parliamentary elections, which provide first-hand experience of the electoral process, fostering political awareness and active citizenship.

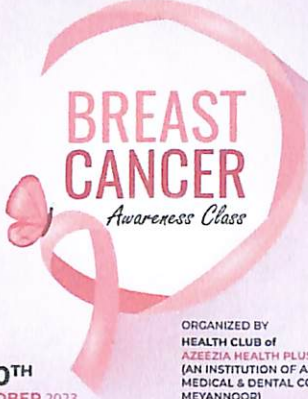


6. Physical Empowerment of Women

Physical empowerment is achieved through programs that emphasize the importance of fitness and well-being. Activities such as yoga and sports are integral to this focus, encouraging students to lead healthy and active lifestyles while building strength and resilience.




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RE-ACCREDITED BY MAAC WITH A GRADE




BREAST
CANCER
Awareness Class

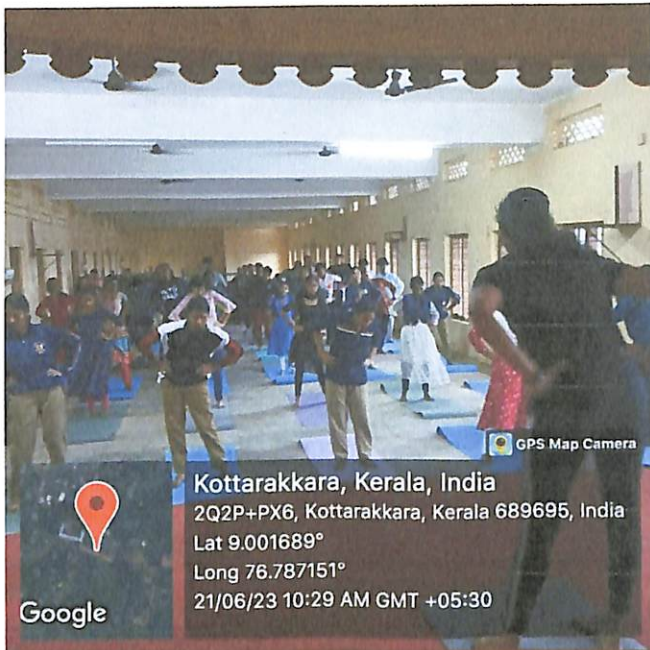
ORGANIZED BY
 HEALTH CLUB of
AZEEZIA HEALTH PLUS
 (AN INSTITUTION OF AZEEZIA
 MEDICAL & DENTAL COLLEGE,
 MEYANNOOR)
 &
 HEALTH CLUB of
ST. GREGORIOS COLLEGE
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On **20TH**
OCTOBER 2023
 at 2.00 pm
 Seminar Hall
St. Gregorios College

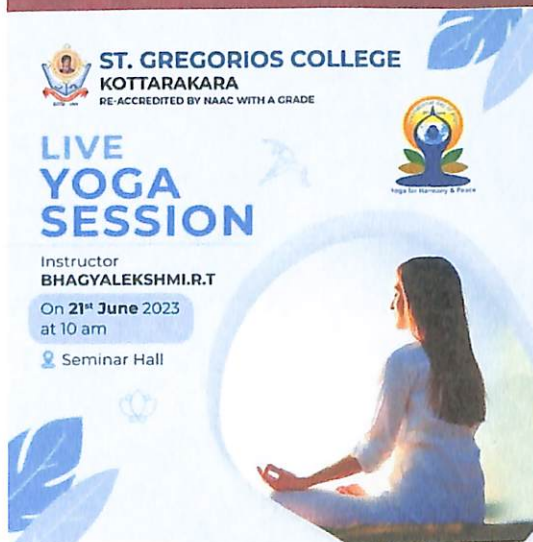
All Lady Students & Lady Faculty members are requested to be present




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7. Environmental Awareness

The college embraces the concept of ecofeminism, encouraging students to engage in sustainable practices and address environmental challenges. Various clubs inspire students to devise innovative solutions for environmental conservation, fostering a commitment to preserving natural resources and promoting sustainability.



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By focusing on these critical areas, St. Gregorios College ensures that its students are empowered not only academically but also socially, culturally, and ethically, enabling them to become agents of positive change in their communities and beyond.



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