

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓	✓	✓
CO 5	✓	✓	✓	✓



University of Kerala

Discipline	COMMUNICATIVE ENGLISH				
Course Code	UK2DSCECE106				
Course Title	Sports Narratives and Sporting Cultures				
Type of Course	DSC				
Semester	II				
Academic Level	100 - 199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					

Course Summary	This course introduces students to the history of sports in India, and allows them to gain an understanding of how national identity is interlinked with sports. It also enables the students to think critically about how factors like gender and disability are manifested in sports.
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Detailed Syllabus:

Module	Unit	Content	Hrs
I	Cultural History of Sport in India : A Brief Overview		
	1	Brief history of Indian sports - depictions in Ramayana- Mahabharata - Vedas - Buddhist and Jain literature - Jataka stories- Mughal period - British influence - familiarisation with notable traditional sports and physical exercise forms - yogasana - shatranj - archery - wrestling - kabbadi - kalaripayattu - jellikettu - boat racing - sagol kangjei - thangta - dhopkhel	
	2	Anandrao, Balaji Navle. "Sports Culture and Indian Literature." <i>Research Journey: International Multidisciplinary E-Research Journal</i> Special Issue 145:Recent Trends In English, Marathi, Hindi Language And Literature. https://www.academia.edu/82731066/Sport_Culture_and_Indian_Literature	
	3	<i>Maitanam: The Story of Football in Kerala</i> . Directed by Misha Kumar, FIFA+ Original Production, 2022. https://www.youtube.com/watch?v=gerit_cKr28	
		Suggested reading: Punam "History of Games and Sports in India." IRJMSH Vol 6 Issue 12[Year2015]ISSN 2277-9809(Online)2348-9359 (Print) https://www.academia.edu/27497637/HISTORY_OF_GAMES_AND_SPORTS_IN_INDIA?auto=download	

		<p>Jacob, Megha. et. al. “Indigeneous Sports of India: Connecting Past to the Present.” <i>Artha – Journal of Social Sciences</i> 2023, Vol. 22, No. 1, 1-23 ISSN 0975-329X https://doi:10.12724/ajss.64.1</p> <p>Rajagopalan, Rajesh M. “An enduring football legacy: Malabar’s obsession with Sevens.” <i>The News Minute</i>. 19 Jan. 2017. https://www.thenewsminute.com/kerala/enduring-football-legacy-malabar-s-obsession-sevens-55969</p>	
II	Sports and National Identity		
	4	<p>Tomic, Ivan. “Sport And National Identity.” <i>South Eastern European Journal of Communication</i> 97 University of Mostar / Volume 5, No 2, Winter 2023. pp 99-101. https://hrcak.srce.hr/file/458157</p>	
	5	<p><i>Lagaan</i>. Directed by Ashutosh Gowariker, Amir Khan Productions, 2001.</p>	
		<p>Suggested reading: Orwell, George. “The Sporting Spirit.” https://www.orwellfoundation.com/the-orwell-foundation/orwell/essays-and-other-works/the-sporting-spirit/</p> <p>Kesavan, Mukul. “A brief history of modern sports and the nation state.” https://scroll.in/article/1000226/a-brief-history-of-modern-sports-and-the-nation-state</p> <p>Sauer, Rachel. “Carrying a torch for country and sports.” https://www.colorado.edu/asmagazine/2024/07/25/carrying-torch-country-and-sports</p>	
III	Sports and Gender		
	6	<p>Verma, Praveen. “Dangal and the Phogat Sisters – A Tale of Many Struggles.” <i>Sabrang</i>. 30 December 2016. https://sabrangindia.in/dangal-and-phogat-sisters-tale-many-struggles/</p>	
	7	<p>Macur, Juliet. “The Keeper.” <i>New York Times</i>, 31 Aug. 2022. https://www.nytimes.com/2022/08/31/sports/soccer/afghanistan-soccer-escape.html (Till and including the section titled “A Solemn Pledge”)</p>	

	8	<i>Godha</i> . Directed by Basil Joseph, AVA Productions & E4 Entertainment. 2017.	
		Suggested Reading/Viewing: <i>Chak De! India</i> . Directed by Shimit Amin, Yashraj Films, 2007.	
IV	Sports and Disability		
	9	<i>Chandu Champion</i> . Directed by Kabir Khan, Nadiadwala Grandson Entertainment, 2024.	
	10	Convention on the Rights of Persons with Disabilities: Article 30. https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities/article-30-participation-in-cultural-life-recreation-leisure-and-sport.html#:~:text=Persons%20with%20disabilities%20shall%20be,sign%20languages%20and%20deaf%20culture.	
	11	Maurya, Akshay Trilokinath. “Disability Sports and the Quest for True Inclusivity.” <i>EPW engage</i> , Sameeksha, n.d. https://www.epw.in/engage/article/disability-sports-and-quest-true-inclusivity (par. 1 to 14).	
		Suggested Reading/Viewing: <i>The Energy Within</i> . https://youtu.be/eI8cuvLQPyg?si=xqG1jYRKtj9UJEne	
V	Sports and Well-Being		
	12	Suggested Reading/Viewing: Jenkin, Matthew. “Fit for learning: what research says about the benefits of sport.” https://www.theguardian.com/teacher-network/2015/sep/03/fit-for-learning-what-research-says-about-the-benefits-of-sport	

		Wolner, Marty. "Healing Trauma with Sports." https://youtu.be/yEJMx9mNm3I?si=s1uCiBeJpWMT9T1O	
	14	Practicum Activities: Conduct interviews with sports persons or sports teams Prepare reports on matches Review sports-themed fiction or nonfiction Presentations on the benefits of sports Yoga demonstrations	

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Gain an awareness of the rich sporting heritage of our country	R	8,9,11
CO2	Appreciate how sports contribute to the building of national and regional identity	U, Ap	8,9,11
CO3	Understand how issues of gender and disability manifest in the sporting world	U, Ap, E	2, 8,9,11
CO4	Critically evaluate depictions of sport in popular culture	E, C	2,3,11

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course:

Credits: 3:0:2 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1		3	R,U	F,C	L	
2		3,5	U,An,C	M	L	
3		5	An,E	C,P	L	
4		11,15	An,Ap, E	P	L	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO 1	PSO 2	PSO 3	PSO4	PSO5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	-	-	1	2	-	1	1	-	-	1	-	1
CO 2	1	-	1	1	1	-	1	2	1	-	1	-
CO 3	3	-	-	-	1	-	-	1	-	1	1	1
CO 4	-	-	-	-	-	1	1	-	1	3	-	1

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz
- Role play
- Assignment
- Seminar
- Midterm Exam
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓	✓	✓
CO 4	✓	✓	✓	✓