



University of Kerala

Discipline	English				
Course Code	UK1AECENG102				
Course Title	Food, Literature and Culture 1				
Type of Course	AEC				
Semester	I				
Academic Level	100-199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	3	2 hours	-	2 hours	4
Pre-requisites					
Course Summary	<p>This course is designed to enhance the English language competency of first-semester degree students while focusing on core linguistic skills, critical reading, academic and expository writing skills while exploring the nuances of food, literature and culture. This will enhance language skills around culinary practices and create a vocabulary of food. It will map intersectional readings on food and culture. Through a combination of theoretical study, practical exercises, and cultural exploration, students will</p>				
	<p>develop the linguistic proficiency and critical thinking abilities necessary for academic success and effective communication in English.</p>				

Detailed Syllabus:

Module	Unit	Content	Hrs
I		Food Safety	12

1	<p>Benjamin Zephaniah “Talking Turkeys” (Poem) https://www.youtube.com/watch?v=-1DKCaR9OzQ</p> <p>Fighting Giants: Eco-activist Vandana Shiva on Her Battle Against GM Multinationals (The Guardian) https://www.theguardian.com/global-development/2023/apr/28/fighting-giants-eco-activist-vandana-shiva-on-her-battle-against-gm-multinationals</p> <p>Suggested Reading/Viewing: Vegetarianism Vs Non-Vegetarianism https://timesofindia.indiatimes.com/life-style/health-fitness/health-news/non-vegetarian-vs-vegetarianism-which-is-a-healthier-alternative/articleshow/106759691.cms#:~:text=These%20components%20contribute%20to%20digestive,pressure%20and%20improved%20cholesterol%20levels.</p> <p>Food politics: Who makes our food choices? – Marion Nestle https://youtu.be/r4VDp8Yw4tl</p>	
2	<p>Practicum: Listen to more talks on animal rights Collect more articles on food safety and make a podcast on any one item Debate-Vegetarianism Vs Non- vegetarianism Write an essay on Food Politics</p>	
II	Hunger	12
3	<p>End Hunger Now Ted talk by Josette Sheeran https://www.ted.com/talks/josette_sheeran_ending_hunger_now/transcript</p> <p>Hunger Summit Poster https://www.iowahungersummit.org/documents/filelibrary/documents/iowa_hunger_summit/2015_iowa_hunger_summit/2015_hs_slides/HS20158_Launch_of_the_Vote_to_End_H_3CCC1C933FBCD.pdf</p>	
	<p>Suggested Reading/Watching WHO- Hunger https://www.who.int/news/item/12-07-2023-122-million-more-people-pushed-into-hunger-since-2019-due-to-multiple-crises--reveals-un-report</p> <p>A Wake Up Call to Fight Hunger (UN Video- Speech) https://youtu.be/HSup86qC3zg</p> <p><i>The Hunger Artist</i> by Franz Kafka</p>	

	8	<p>Practicum: Speech on eradication of hunger and child malnutrition Conduct a survey on the pattern of food consumption around you and make a graphic presentation Make a list of literary works dealing with the theme of hunger and write a critical appreciation on any one Make posters on eradication of hunger and make an exhibition in the campus</p>	
III	Recipes		12
	10	<p>Wizened Lady of the Oak has October Ways</p> <p>https://allpoetry.com/poems/about/recipe</p> <p>Kate Young “Novel eating: new recipes from your favourite fiction” https://www.theguardian.com/lifeandstyle/little-library-cafe/2017/oct/06/little-library-cookbook-extract-narnia-marmalade-roll-recipe</p> <p>Suggeasted Reading Food as a Cultural Construction- Taylor & Francis https://www.tandfonline.com/doi/pdf/10.1080/07409710.1987.9961926</p> <p>Michelle Coghlan “The Art of the Recipe” Chapter 5 from Food and Literature Gitanjali G. Shahani</p>	
	11	<p><i>Slow Noodles: A Cambodian Memoir of Love, Loss and family Recipes</i> by Chantha Nguon How to Write a Recipe: The 4 Key Elements of a Great Cookbook Recipe https://www.tckpublishing.com/how-to-write-a-recipe/</p> <p>Suggested watching Just Add Magic- TV Series Ratatouille – Movie Master Chef Australia- Reality Show</p>	
	12	Practicum:	
		<p>Listen to Videos on Cooking and recipes Read different types of writings on Food Prepare a recipe for your favourite dish Case study: Master Chef Australia</p>	
IV	Food Blogs/Vlogs		12

13	<p>How to Become a Food Writer https://www.escoffier.edu/blog/culinary-pastry-careers/how-to-become-a-food-writer/ https://www.instagram.com/keralafoodie/?hl=en</p> <p>Suggested Reading 6 Most loved vloggers of Kerala https://www.thenewsminute.com/kerala/parotta-pulisserry-paayasam-meet-6-food-vloggers-kerala-loves-123647 https://www.instagram.com/eatkochieat/?hl=en (Food Blogs)</p>	
16	<p>Practicum:</p> <p>Discussion on the characteristics of a good food blog/vlog</p> <p>Create a blog/vlog of your own dealing with food, literature and culture</p>	
V	Food and Technology	12
	<p>17 AI in Food Industry https://throughput.world/blog/ai-in-the-food-industry/#:~:text=Improve%20Efficiency%20and%20Reduce%20Operational,and%20enables%20precise%20resource%20allocation.</p> <p>How agri-robotics will change the food you eat https://www.ted.com/talks/katherine_james_how_agri_robotics_will_change_the_food_you_eat?utm_campaign=tedsread&utm_medium=referral&utm_source=tedcomshare</p>	
	<p>18 Suggested Reading Food Technology https://link.springer.com/journal/13197</p> <p>Educating in a World of Artificial Intelligence (Interview) https://www.gse.harvard.edu/ideas/edcast/23/02/educating-world-artificial-intelligence</p>	
20	<p>Practicum: Discuss on the impact of technology on food and health</p>	
	Write an essay on how AI can help the food industry	

References:**Web Links:**

Purdue Online Writing Lab (OWL): <https://owl.purdue.edu/>

British Council Learn English: <https://learnenglish.britishcouncil.org/>

TED Talks: <https://www.ted.com/>

Oxford Free English Lessons: [Free English Lessons - Oxford Online English](#)

10 Tips for Improving Your Public Speaking Skills

<https://professional.dce.harvard.edu/blog/10-tips-for-improving-your-public-speaking-skills/>

Sample Food Blog – Ministry of Curry

<https://ministryofcurry.com/>

Sample Nutrition Blog - NutritionFacts.org

<https://nutritionfacts.org/blog/>

Sample Vlog -Indian Street Food

<https://www.youtube.com/watch?v=REa6II9mLLs>

Descriptive Words for Food: Taste, Texture and Beyond

<https://www.yourdictionary.com/articles/food-descriptive-words>

Texts and Journal Articles:

Bakshi, Raj N. *A Course in English Grammar*. India: Orient Black Swan, 2000

Crystal, David. *A Dictionary of Linguistics and Phonetics*. Shang Wu Yin Shu Guan, 2002.

Fernandez, Agna. *Generic Skills for Employability*. UK: Cambridge University Press, 2020

Foster, Thomas C. *How to Read Literature like a Professor: A Newly Expanded, Lively, and Entertaining Guide to Reading between the Lines*. HarperPerennial, 2024.

Jones, Daniel, et al. *Cambridge English Pronouncing Dictionary*. Cambridge University Press, 2015.

Leben, William R., Brett Kessler, and Keith Denning, *English Vocabulary Elements: A Course in the Structure of English Words*, 3rd edn (New York, 2023; online edn, Oxford Academic, 19 Jan. 2023), <https://doi.org/10.1093/oso/9780190925475.001.0001>

McWhorter, Kathleen T. *The Writer's Express: A Paragraph and Essay Text with Readings*. Houghton Mifflin Co., 2001.

Prose, Francine. *Reading Like a Writer: A Guide for People Who Love Books and for Those Who Want to Write Them*. Union Books, 2012.

Shobha, K N. Lourdes Javani Rayen. *Communicative English: A Workbook*. UK: Cambridge University Press, 2023

Strunk, William, and E. B. White. *The Elements of Style*. Macmillan, 1979.

Swan, Michael. *Practical English Usage*. Oxford University Press, 2020.

Talbot, Fiona. *How to Write Effective Business English: The Essential Toolkit for Composing Powerful Letters, e-Mails and More, for Today's Business Needs*. Kogan Page, 2010.

Wallace, Catherine. *Critical Reading in Language Education*. Palgrave Macmillan, 2005.

Zinsser, William. *On Writing Well*. Harper Paperbacks, 2013.

Course Outcomes

No.	Upon completion of the course the graduate will be able	Cognitive Level	PSO addressed
CO-1	Identify key terms and vocabularies related with food and culinary practices, distinguish main points from supporting details in audio lectures, songs, and short videos.	U	1,3
CO-2	Understand effective delivery techniques for public speaking, including clear pronunciation and appropriate body language.	U, R	1,6
CO - 3	Participate in debates and presentations, applying communication strategies learned in class.	Ap,R	1,6,13
CO - 4	Analyse the structure and purpose of different types of texts, including research papers and articles on food and culture .	An, E	1,2,6,9,13
CO - 5	Define and use food and culinary terminology accurately in written and spoken communication.	R, Ap,C	1,4,5,6,12, 13

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 4:0:0 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)

CO-1	Identify key terms and vocabularies related with food and culinary practices, distinguish main points from supporting details in audio lectures, songs, and short videos.	PO 4,7,8 PSO 1,3	U	F,C	L	
CO-2	Understand effective delivery techniques for public speaking, including clear pronunciation	PO 4,5,7 PSO	U, R	C	L	
	and appropriate body language.	1,6				
CO - 3	Participate in debates and presentations, applying communication strategies learned in class.	PO 4,5,7 PSO 1,6,13	Ap,R	M	L	
CO - 4	Analyse the structure and purpose of different types of texts, including research papers and articles on food and culture .	PO 1,2,3,4,5, 7,8 PSO 1,2,6,9, 13	An, E	M	L	
CO -	Define and use	PO	R, Ap,C	C		P

5	food and culinary terminology accurately in written and spoken communication.	2,3,4,5,6,7 PSO 1,4,5,6,1 2,13										
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F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO 1	PSO 2	PSO 3	PSO4	PSO5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	3		2							3		
CO 2	2					3				2	3	
CO 3	1					2				1	2	
CO 4	1	3				2	3	2	1	1	1	
CO 5								2	3	1	1	2
CO 6	1			3	2	1						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium

3	Substantial / High
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