

**WOMEN'S STUDY UNIT  
ST GREGORIOS COLLEGE  
ANNUAL REPORT 2018-19**

The Women's Study Unit, St Gregorios College has been functioning for the betterment of the women students in the college, and continued its activities for the academic year. The formal inauguration of Women's Study Unit was conducted on 13th August 2018 at 1:30 pm. The inauguration was held in collaboration with Kollam Obstetrics and Gynaecology Society, Taluk Hospital, Kottarakara and KGMOA Women's Wing (Nivedita). World Breastfeeding week celebrations were also held concurrently with the inauguration. Motherhood has become a great challenge to the current generation of young women, and working mothers often prefer not to breastfeed their babies. Hence awareness about the significance of breastfeeding for the health of the baby has become of paramount importance. Breastfeeding makes the baby healthy and provides the baby immunity and nutrition. The session aimed to motivate the young girls to make breastfeeding a habit when they become mothers in the future.



The meeting commenced at 1:30 pm. WSU Co-ordinator Ms.Fergy John welcomed the gathering. Dr. Suman Alexander, Principal of the college gave the presidential address. Dr. N. Reena (Consultant in Gynaecology, Taluk Hospital and President, KGMOA Women's Wing, Kollam) inaugurated the ceremony. Felicitations were

offered by Dr. Biju Nelson(Consultant, Taluk Hospital) and Ms. Beena G.P(Asst. Prof, Dept of Maths). The meeting concluded with the vote of thanks by Ms. Geethu Thomas(WSU Co-ordinator).

The meeting was followed by an innovative session on the significance of breastfeeding, headed by the team from Taluk Hospital, Kottarakara in the form of a quiz. A preliminary round was held earlier by the WSU coordinators, out of which four teams were selected for the final round. The quiz masters were Dr. Reena and Dr. Biju Nelson. The students and the audience enthusiastically participated in the quiz. The first prize was given to the team from Dept of Chemistry. Teams from Dept of Zoology won the second and third prize and the fourth position went to another team from Dept of Chemistry. Cash prizes were distributed to the winners. Prizes were also given to the winners of the Breastfeeding logo design competition. The session concluded by about 4 pm.

Teachers Day celebrations were held at the campus on Sept 5, 2018. The event aimed to promote and inculcate human values by recognizing the contribution that teachers make in the lives of students. The welcome speech was given by Ms.Fergy John. The presidential address was given by the Principal Dr. Suman Alexander. The chief guests of the day were former teachers of the college Prof. A.J. Kunjukunjamma (Dept of Maths) , Prof. Nirmala Mathew (Department of Oriental Languages), Prof. Molly( Department of Oriental Languages), Prof. Suseela devi( Department of Chemistry) and Prof. Achamma John(Department of Zoology) . The five teachers shared their experiences as teachers and answered questions from both teachers and students. The five teachers were honoured by faculty from their respective departments and shawls were presented to them. A candle lighting ceremony was held where the esteemed guests passed candles to the gathered teachers and students, symbolizing the passing of blessings from the older generation to the younger generation. Felicitations were offered by Ms. Beena.G.P (Department of Mathematics) and Dr. Jubin Mattappallil (Dept of Oriental Languages). The vote of thanks was given by Ms. Bency John( Department of Chemistry).



An awareness class for the students was held on 11 September 2019 in association with YWCA, Kundara. The theme was Women against Violence and the keynote speaker was Smt.K. Jagadamma( former President, Kollam Panchayat ). The gathering was welcomed by Ms. Geethu Thomas. The presidential address was given by Dr. Suman Alexander. Felicitations were given by Ms.Blessy Mathew,(Vice president, YWCA) and Ms. Annamma Koruth( Board member, YWCA). Vote of thanks was given by Ms.Fergy John. First year female students participated in the session where Smt. K. Jagadamma impressed upon the young audience the need to be alert and intelligent while interacting with society and to take responsibility of themselves. She also provided details of helplines and organizations that can help women in trouble .



Christmas was celebrated in the campus on 19th and 20th December 2018. A Christmas handicrafts and food fair was held on 19th December. The fair started at 11 am and concluded by 1 pm. 7 depts of the college set up stalls. The fest was inaugurated by Dr. Suman Alexander. Proceeds of the sale were handed over to WSU

- RS. 6130. On 20th December, a display of Christmas trees and cribs were arranged on the lawn.



The Womens Study Unit, in collaboration with Kerala Vanitha Shishu Vikasana Vakupu held a state-level poster designing competition at the college on 5<sup>th</sup> February 2019. The theme of the competition was “ Kerala Vanitha Innu Inaale Nale’ . Ten students participated in the competition and the entries were forwarded to the state level. The posters were done both in colour and pencil. The students portrayed the sexual violence and oppression faced by women, however showed them emerging out of these struggles as empowered and strong individuals. The common theme in all the posters were images of strong and powerful women.

The Women’s Study Unit also conducted a blood donation and a medical camp in collaboration with National Service Scheme(NSS) on national women day 8 march 2019. Dr. Sony John, General Physician, Kottarakara Taluk Hospital, was invited as the consultant for the blood donation and medical camp. She gave a small talk on the importance of blood donation in saving lives and the importance of safe and hygienic donation. The blood donation camp was held in the forenoon session. Students participated wholeheartedly in this initiative organized by the college. A free medical checkup was provided for the girl students of the college in the afternoon session. The girls also approached the doctor with some personal problems.



The activities of the Women's Study Unit concluded with a farewell function organized in honour of Prof. Annamma Thomas ( HOD, Department of Botany) on the occasion of her retirement. The welcome speech was delivered by Prof. Fergy John. Dr. Suman Alexander, Principal, addressed the gathering and gave the presidential address. Prof. Annamma Thomas gave the reply speech and shared her fond memories of the college with the gathering. The function ended with the vote of thanks offered by Ms. Beena. G.P. The unit and the students bid adieu to her in a memorable and brief function.

Dr. Fergy John

Ms. Geethu Thomas